

**SEPTEMBER/OCTOBER
 2019**

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Contact Us

Give us a call for more information about our school.

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 9500 Gilman Dr.
 La Jolla, CA 92093-0536

(858) 822-3000
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Visit us on the web:
<http://preuss.ucsd.edu>

GENERAL PARENT MEETING

**Saturday
 October 19
 9:30 to 11:00 AM**

SCHOOL AUDITORIUM

A Message from our School Principal Pete Selleck

Dear Parents,

Welcome back to another Preuss School Year. In the early 1990's I was a student at UC San Diego. I was surrounded by people who really wanted to make our country better by opening the doors of a college education to more people. I became inspired to work in our public schools. To come full-circle, and become the Interim Principal at The Preuss School on the campus of UC San Diego, where my journey as a public servant began, is truly an honor.

We are very fortunate to welcome Danielle Agliam to the position of Interim Vice Principal. She has served as a teacher here for 13 years, and has demonstrated outstanding leadership.

In October, we will welcome Dr. Helen Griffith as the inaugural Executive Director of The Preuss School. Dr. Griffith has over 20 years of experience as an educator. Most recently, she was the Executive Director at E3 Civic High, but previously was the founding Principal of Millennial Tech, Dean of Students at Crawford High, and Vice Principal at Lincoln High. In all of her roles, she has demonstrated a commitment to student success by developing strong external partnerships, philanthropic support, and has been a strong advocate for schools.

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**Welcome Back to a Journey to
 College**

**Every Day at Preuss is a Day of
 Learning**

**ATTEND SCHOOL TODAY,
 YOU WILL ACHIEVE TOMORROW**



News From Pete Selleck Cont'd

The 2019-2020 school year started on August 12, and we welcomed back 836 students! August was a busy month beginning with the orientation to welcome our new students, including 124 sixth graders. We are looking forward to an exciting academic year.

Congratulations to the Class of 2019. 89.3% of the 103 seniors were accepted to a four-year college or university. 40% were accepted to at least one University of California campus. 41 (40%) students are attending a UC campus. 28 students will be attending the UC San Diego campus with 28 on the Chancellor's Associates Scholarship. The program creates "full ride" funding support for qualifying Preuss graduates. 26 (25%) students will attend a CSU campus. 8 (8%) seniors planned to attend a Private or Out of State University, with 28 (2%) seniors planning to attend Community College with plans to transfer to a four-year university.

During the school year, many students participate in Enrichment Programs and Internships that continue into summer programs with UC San Diego and our community partners. These students work with engineers, doctors, scientists, professors and teachers from UC San Diego, UC San Diego Cancer Center, The Sanford Burnham Prebys Medical Discovery Institute, Pfizer and many other local organizations. We are always looking for more opportunities for our students to gain experience in the workplace. If you would like to learn more about these programs, please have your child contact their Advisory teacher.

Faculty/Staff Update

This year we welcome new faculty members.

New faculty:

EHS Teacher - Hannah Coyle

EHS Teacher - Jean (BJ) Williston

Math - Marc Hua

Science Intern - Jason Olsen

Science Intern – Neil Beluso

Science/English - Alexa Lomberg

Spanish - Gabriela Lopez Alvaro

Back to School-

Back to School Night was held on Thursday, August 22, and was attended by 469 parents. The parents had the opportunity to attend their child's classes and meet their teachers. The faculty and staff were introduced in a brief meeting before the classroom visits. It was a night of learning for parents.

Admissions-

Our Admissions process began early this year and the new two-page application is now available for pickup at the Preuss front office. The application may also be printed from the Preuss website or completed online. Just visit the Preuss website and click the Admissions tab, the web address for online information is <http://preuss.ucsd.edu/admissions/index.html>.

Applications are due November 22, 2019. This is a month earlier than in previous years, so please note this deadline and submit your applications by November 22. Our Open House, which will cover the new application process, will take place on Saturday, October 12, 2019. The Lottery will be held February 12, 2020.



News From Pete Selleck

PTA-

I encourage all of our parents to become involved in The Preuss School PTA. Join the PTA, support classroom and school-wide activities! The Saturday PTA General Meetings are a great way to learn about what is happening at Preuss, a great way to earn participation points, and it is a great time to get to know other parents. Each meeting includes a Principal's Report, Positive Parenting Course, and a featured speaker who will share information regarding school programs. Translation in Spanish is provided along with other languages if there is demand and a translator. By attending the PTA General Meetings, you will learn new information about Preuss and earn volunteer participation points. The next General Meeting will take place on Saturday, October 19, 2019, at 9:30a.m. I look forward to seeing you there.

Transportation-

I would like to thank the parents who have contributed to the cost of transportation during last school year and the beginning of this school year. For the 2019-2020 school year, Preuss families are being asked to donate \$20 a month, or \$200 per year, to help defray the cost of school bus transportation. Please contact the main office if you have any questions. For your child's safety, we advise that you DO NOT send cash to school with students for transportation payment.

We continue to contract with the San Diego Unified School District (SDUSD) to transport our students. There have been changes in the pick-up and drop-off schedule and some students were moved to different buses. We have tried to accommodate students with the most suitable bus stop. Mrs. Villanueva, our Transportation Coordinator, has worked closely with SDUSD transportation to make the appropriate adjustments to the bus stops. Implementing bus changes can take up to one month. Please understand that we are doing our best to accommodate all families. If you have questions, please phone Mrs. Villanueva at 858-822-1738.

School Attendance-

Students need to be at Preuss every day and should only be absent if they are sick and/or contagious. The contact number for our school nurse is 858-822-2291. She can provide the information you need on whether your child is well enough to attend school. When students miss school, they miss valuable lessons that cannot be recreated with homework; in addition, the school loses money when students are absent. Please do not plan vacation days when Preuss is in session. Thank you for ensuring your child attends school every day; being in school every day equals student success.

Parent Portal-

Parent Portal is your doorway to your student's educational success in each of their classes. Parents are able to view their student's information from the school database using Aeries Parent Portal. You will be able to view your student's demographic data, grades, unofficial transcripts, attendance records, class schedule, progress toward completion of graduation requirements and emergency contact information. Each parent should have received the necessary information through their students' Advisory class to create an account and log into the Aeries Parent Portal. If you did not receive this information, please contact the front office at 858-822-3000.

ParentSquare-

ParentSquare has proven to be a useful tool in communicating with parents. ParentSquare is a two-way private communication program that provides a safe way for the Preuss School and parents to communicate. If you have any questions regarding ParentSquare please contact your student's Advisory teacher.

News From Mr. Selleck Cont'd

California Assessment of Student Performance and Progress (CAASPP) –

Parents received CAASPP tests scores in a Student Score Report. Students received an overall score for each subject, ranging from 2,000-3,000. This score shows if students exceeded, met, nearly met or did not meet expectations for their grade. The second page of the report includes a further breakdown of that score, providing individualized information on your child's academic strengths and potential challenges. School results show we are in the mid-range for county schools for 6th, 7th and 8th grades, and above SDUSD. We are in the TOP 5 in San Diego for our 11th graders (English and Math). This again reflects the importance of our program – the longer students stay at Preuss the better they do and the better their scores get.

Please contact the school if you have any questions or concerns. Please contact your child's teacher if your questions are about classes or curriculum. Your child's University Prep/Advisory teacher is also a valuable asset and can answer questions or assist you in getting the appropriate information. You can contact the school by phone or through the Preuss website (preuss.ucsd.edu) to get email addresses of our teachers. Edmodo is also a valuable resource as you can check to see the assignments for each class.

I look for our 21st year to be just as successful as our previous 20 years. Let's work together to achieve student success.

Pete Selleck
Interim Principal



News from our PTA President Diana Villalvazo

Dear Preuss Parents:

Welcome to the 2019-2020 school year. The key to the success of your student is parent involvement. Get to know our school and its wonderful staff by attending the monthly Saturday Parent General Meetings. Most of all, I encourage all of you to get involved and join the PTA.

We fundraise throughout the year in many different ways, such as purchasing your annual PTA membership, selling the uniform sweatshirts and gym clothes, and attending our annual Dinner Dance. All the proceeds go directly to the different events that all of our kids are going to have throughout the year, and for transportation which is one of our biggest needs. Buying your membership makes you a voting member when decisions are made in the PTA and members are encouraged to attend our monthly executive board meetings held the first Tuesday of the month.

There are many ways to volunteer, in and out of school. The PTA is always in need of your help and support, so we can give back to our students. Get involved, support our merchandise sales, and buy your PTA membership. Every little bit counts and goes to our students!

On behalf of our 2019-2020 PTA Executive Board, we welcome you and look forward to working with you this year.

Attendance Office: (858) 822-0311

SEPTEMBER IS ATTENDANCE AWARENESS MONTH

Pay Attention to Attendance: Keep your child on Track in Middle and High School

Greetings from the Attendance and Transportation Office!

Did you know September is Attendance Awareness Month? Attendance is a critical aspect of students' success. Students who attend school on a regular basis are taking the right path toward reaching their full academic potential and learning the skills needed to succeed in life. Your involvement as a parent is important as well.

At Preuss School our goal this year is to ensure that every student attends school regularly. Showing up for school has a huge impact on a student's academic success starting in kindergarten and continuing through high school. Even as children grow older and more independent, families play a key role in making sure students get to school safely every day and understand why attendance is so important for success in school and in life.

DID YOU KNOW?

- * Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- * Absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other potentially serious difficulty.
- * By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- * By 9th grade, regular and high attendance is a better predictor of graduation rates than 8th grade test scores.
- * Missing 10 percent, or about 18 days, of the school year can drastically affect a student's academic success.
- * Students can be chronically absent even if they only miss a day or two every few weeks.
- * Attendance is an important life skill that will help your child graduate from college and keep a job.

WHAT YOU CAN DO

Make school attendance a priority:

- * Talk about the importance of showing up to school everyday, make that the expectation.
- * Help your child maintain daily routines, such as finishing homework and getting a good night's sleep.
- * Try not to schedule dental and medical appointments during the school day.
- * Don't let your child stay home unless truly sick. Complaints of headaches or stomach aches may be signs of anxiety.

Help your teen stay engaged:

- * Find out if your child feels engaged by his classes and feels safe from bullies and other threats. Make sure he/she is not missing class because of behavioral issues and school discipline policies. If any of these are problems, work with your child's advisory teacher, the school counselor or the Vice Principal.
- * Stay on top of academic progress and seek help from teachers or tutors if necessary. Make sure teachers know how to contact you.
- * Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated. Encourage meaningful afterschool activities, including sports and clubs.

Communicate with the school:

- * Know the school's attendance policy – incentives and penalties.
- * Talk to teachers if you notice sudden changes in behavior. These could be tied to something going on at school.
- * Check on your child's attendance to be sure absences are not piling up.
- * Ask for help from school officials, afterschool programs, other parents or community agencies if you're having trouble getting your child to school.

Remember, parents must call the school at (858) 822-0311 to report and explain the reason for an absence. This must be done for each day the student is absent. When a student is marked absent and the parent does not notify the school, the school will call the parent to find out why the student did not attend school. Thank you for helping us promote attendance and welcome to another exciting school year at Preuss.

Sincerely,

Patricia Villanueva



Advancing Student Success By Reducing Chronic Absence

My School Bus, The Safest Form of Student Transportation

School buses are the safest way for students to travel. Nearly two-thirds of school bus-related fatalities of school-age children occur outside of the school bus. Children need to do their part to stay safe both in and around school buses. The [American School Bus Council](#) offers the following tips:

Tips for a Safe Ride

At the Bus Stop:

- * Arrive early at the bus stop – at least ten minutes before the bus is scheduled to arrive.
- * Stand 6 feet (or three giant steps) away from the curb while waiting for the bus.
- * Supervise young children.



Around the Bus

- * Cross in front of the bus – at least 10 feet (or five giant steps) and make eye contact with the driver before crossing.
- * Never walk behind the bus.
- * If you drop something near the bus, do not pick it up; tell the bus driver instead.

Getting On/Off the Bus

- * Wait until the bus has stopped and the door opens before approaching the bus or standing up on the bus.
- * Use the handrail.
- * Secure any loose or hanging objects like straps on a backpack or drawstrings on a hood.

Behavior on the Bus:

- * Buckle up if seat belts are available.
- * Stay in your seat keeping head, arms and papers inside the bus, and talk quietly.
- * Keep aisles clear of books and bags.
- * Inappropriate use of cell phones may be stopped by the bus driver. Use of external speakers is not allowed. Students may not take photos or video of the driver or other passengers aboard the bus.

Z Pass ID card:

All students must scan their Z Pass card each time they enter and exit the school bus. If a student does not have a Z Pass card or temporary ID slip for more than three (3) days a bus referral will be written. If the card was lost or damaged, student can order a replacement in the school office. There is a \$5.00 fee for ordering a new Z pass.

National School Bus Safety Week is Oct. 21-25, 2019

National School Bus Safety Week, held during the third full week of October each year, focuses on the importance of school bus safety. The theme for 2019 is, My School Bus, The Safest Form of Student Transportation. We encourage all students to follow the bus rules and procedures for a safe ride to and from school.

Students who disobey bus rules will be subject to disciplinary action based on the rules governing misconduct on campus. Persistent infraction of rules and damages caused to a bus or private property at a bus stop may result in denial of transportation services. Parents or guardians are liable for damages caused by their students. The driver using a "Bus Referral" which will be delivered to the school site administrator will document unacceptable behavior. For more information, please contact the school transportation department at (858) 822-1738.

Patricia Villanueva
Transportation Coordinator



Whispers from the Library

Welcome Back! All textbooks have been checked out to the students and we have completed our 6th grade orientation. The inside of every student planner should be filled out with all their textbook information. The price list may be obtained from their advisory teacher or the librarian. Our first library notices have been distributed this month. Remember if your student/s has textbooks from last year or fines totaling more than \$5.00, he/she will not be able to participate in athletics, clubs or school sponsored events. Turning in late textbooks or paying part of their fine will allow them to participate for the month and paying all will put their account in good standing. Students may volunteer to work off their fines.

It is very important that your student flips through each and every one of their textbooks for any damage. Damage can include writing, drawings, water/food stains, torn pages and or torn covers. We cleaned and checked all textbooks that came in last year, but things get missed. If the student does not bring any damage to our attention by the end of September then they will be held responsible at the end of the year. It is a \$5.00 minimum charge. **TO PREVENT DAMAGE AND EXTEND THE LIFE OF TEXTBOOKS IT IS VERY IMPORTANT TO COVER ALL HARDBOUND TEXTBOOKS WITH BROWN PAPER BOOK COVERS. GROCERY BAGS WORK WELL.**

We are celebrating Banned Books Week from September 24th through September 30th. Stop by the library to check out the titles that have been banned or challenged and read find out why. Our annual contest is now being promoted in the Daily Bulletin.

Online library information is on the Preuss School website. Check us out under Campus Life > Library. We have links to our databases, the school catalog, the DCP and Overdrive (our ebook collection site). Students are able to access ebooks through the SORA APP using their student ID number.

For those families that checked out a Preuss desktop computer last year, please bring in the computer component (black box only) to be updated to Windows 10. Also, a reminder into **ALL** families who have checked out a desktop computer, if you have not logged into the desktop computer in the last 30 days you will need to bring the computer component (black box only) back to campus to be activated. It is a theft prevention measure.

We are always in need of parent volunteers! We hope to see you in the library.

Keep Reading,

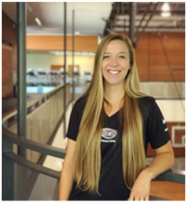
Ms. Nance and Ms. Gonzalez



Meet Our New Faculty and Staff



My name is Neil Beluso, this year I am teaching Advanced Science 8 and STEAM Wheel. I am a recent graduate of UCSD, where I studied neuroscience and minored in Science Education. I am currently pursuing a Master of Education through UCSD and am excited to be working at Preuss as part of my internship year! In my free time I like to create music and find ways to incorporate music and art into the science classroom.



My name is Ms. Coyle and I teach 6, 7, and 8th grade Exercise and Health Science. I also am coaching the Girl's Varsity Soccer team this year, which I am very excited about! I love to not only exercise and be active in my own life, but also teach others why it's important and help connect relevance of physical activity in their own lives. I played D2 soccer at Fresno Pacific University and finished my degree at Chico State, where I earned my Physical Education teaching credential.



Hello, my name is Ruthie Hernandez I am the School Counselor for Class of 2022 and 2023 and also support Ms. Patrick with the senior class. I grew up in the South Bay of San Diego and I am excited to be serving students from our various San Diego communities here at The Preuss School UCSD.



Hello, my name is Alexa Lomberg and I am excited to join the Preuss team. I grew up in San Diego, but spent the last 3 years teaching middle school composition in Philadelphia. I am also a UC alumna, having studied English literature at UC Santa Cruz, followed by urban education at the University of Pennsylvania. This year I will be covering maternity leaves for middle school teachers. Currently, I am teaching 6th grade science, 8th grade advisory, and 8th grade health.



My name is Brittany Oka and I am one of the new School Counselors. I will be supporting all 7th and 8th grade students and will be their School Counselor until they graduate from Preuss! I was born and raised in Sacramento, California. I moved to San Diego when I attended UC San Diego for my undergraduate journey. I recently graduated from Point Loma Nazarene University with my Master's degree in Education – Counseling & Guidance. I was the first in my family to graduate from college so I am excited to support all of the students here at Preuss! Please do not hesitate to contact me if you need anything, I'm here to help.



I'm BJ Williston, one of the new teachers here this year. I'm in the Exercise and Health Sciences (EHS) Department as well as teaching 6th grade UP (Go Class of 2026!). My B.A. is from San Diego State University in Physical Education and Adapted Physical Education and my M.Ed. is from Oregon State University in Adapted PE. I've had experience teaching students from pre-K through University in the area of physical activity, physical education, health, and pedagogy. I've also been a curriculum writer for physical activity and physical education programs as well as a teacher trainer.

I'm so excited to be part of the Preuss School family now! For fun and fitness I paddle outrigger canoes on a local competitive team, swim with a masters program, hike, bike, play pickleball, and do resistance training. I'm married, have 3 kids, 2 dogs, and 5 tortoises. I camp in the mountains or the desert every chance I get and absolutely love the outdoors. When not outside I enjoy cooking, quilting, reading, and doing crosswords.

Wise & Well

Jennifer Bryant RCSN | preussnurse@ucsd.edu | 858-822-2291



Student Success Starts with Sleep

Insufficient sleep in adolescents is an important public health issue that significantly affects the health and safety, as well as the academic success, of middle and high school students. An extra hour of sleep is more valuable than an extra hour of studying. Sleep deprivation can be associated with depression and anxiety and can interfere with learning and engagement at school. The optimal sleep amount for teenagers is 8.5 – 9.5 hours on school nights. Unplug!

Set a digital curfew before bedtime; light from these devices interfere with sleep. All children thrive on a regular bedtime routine. Doing the same things in the same order an hour before bed can help them drift to sleep, such as brush – book – bed.



Remedies for symptom relief

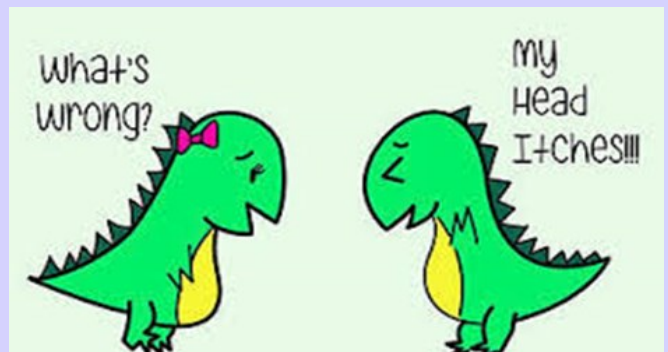
Stay hydrated: water, juice, clear broth or warm lemon water with honey helps loosen congestion and prevents dehydration. **Rest:** your body needs to heal. **Soothe a sore throat:** saltwater gargle, ice chips, sore throat sprays, lozenges or hard candy. **Combat stuffiness:** saline nasal drops or sprays. **Relieve pain:** Tylenol **Sip warm liquids:** soothing and might ease congestion by increasing mucus flow. **Add moisture to the air:** a cool mist vaporizer or humidifier might loosen congestion. Take care of yourself and remember to wash your hands frequently.



You cannot educate a child that isn't healthy.

You cannot keep a child healthy that isn't educated.

A student's health is directly related to his or her ability to learn. Children with unmet health needs have a difficult time engaging in the educational process. Routine check-ups are so important. Well-child visits let your child's healthcare provider monitor his or her overall health and development. If your child has a health concern, or has frequent illness related absences, please contact the school nurse to discuss the well-being of your child.



Head Lice Policy: The problem of head lice is ongoing and can be difficult to control at home and at school. Head lice and nits (eggs) are not a threat to health, but they are a frustrating nuisance. When a student is identified as having head lice, the student will be sent home at the end of the school day for treatment. It is the responsibility of the parent to treat and control head lice infestation. After treatment at home, it is mandatory for the student to return to school the next day for inspection at the health office. There is no evidence that mass screenings (school-wide or whole classrooms) help to control head lice infestation or re-infestation. Parents or guardians are encouraged to incorporate inspecting their child's hair as part of their regular hygiene routine.

Live.Life.Healthy

School Counselors Department

Dear Preuss Families,

It is a pleasure for the Student Services Team to welcome you to the 2019-20 school year! A special welcome to our new students in grades 6, 7, 8, and 9.

Our mission in Student Services is to offer guidance and support to students in the Academic, Personal/Social, College/Career Planning areas. We are available to assist and meet with students about a variety of topics such as: peer mediation, loneliness, grief, academics concerns, and other teenage issues. If you have any concerns regarding your student please contact us or your child's University Prep Teacher.

It is truly an honor to work with the students at The Preuss School UCSD. We look forward to a wonderful year!

Ms. Patrick—School Counselor, Grades 6, 11, and 12
empatrick@ucsd.edu (858) 822-0996

Ms. Hernandez—School Counselor, Grades 9 and 10
ruthieh@ucsd.edu (858) 822-2002

Ms. Oka—School Counselor, Grades 7 and 8
boka@ucsd.edu (858) 822-0409

CalSOAP College Fair

October 23rd, 2019

For High School Students and Parents

Over 100 colleges representing in-state, out-of-state, private, and community colleges/universities.

This event is free & open to the public, students and parents do NOT need to register to attend.

Location:

Scottish Rite Masonic Center
1895 Camino del Rio South
San Diego, CA 92108

Time:

6:00 pm to 8:00 pm

College Rep Visits

Every Fall, college representatives schedule visits to our campus to meet with our fantastic students. Below is the College Representative Visit schedule for September and October. High school students who wish to attend these college presentations should sign up on *Naviance*, where they can also see the most up-to-date schedule. College Rep Visits will also be included in the Daily Bulletin.

Mills College	9/23/2019	12:15 PM
Lynn University	9/24/2019	12:15 PM
Yale University	9/24/2019	1:30 PM
Stony Brook University	9/25/2019	12:15 PM
Princeton University	9/26/2019	12:15 PM
Cal Lutheran University	9/27/2019	12:55 PM
Notre Dame de Namur University	9/30/2019	12:15 PM
Wesleyan University	10/2/2019	12:15pm
Vassar College	10/3/2019	12:15pm
Merrimack College	10/4/2019	12:55pm
University of California-Berkeley	10/4/2019	12:50pm
Seton Hall University	10/7/2019	12:15pm
College of Mount Saint Vincent	10/8/2019	12:15pm
Hamilton College	10/9/2019	12:15pm
New York University	10/9/2019	1:30pm
University of California-Irvine	10/10/2019	12:15pm
Nagoya University	10/11/2019	12:55pm
Georgetown University	10/14/2019	12:15pm
Oberlin College	10/15/2019	12:15pm
University of San Diego	10/16/2019	12:15pm
Williams College	10/16/2019	12:15pm
Vanderbilt University	10/17/2019	12:15pm
University of Redlands	10/18/2019	12:55pm
Pitzer College	10/21/2019	12:15pm
Trinity College	10/22/2019	12:15pm
Northeastern University	10/23/2019	12:15pm
Bard College	10/24/2019	12:15pm
Rice University	10/25/2019	12:55pm
Dartmouth College	10/28/2019	12:15pm
Boston University	10/30/2019	12:15pm
The New School	10/31/2019	12:15pm

Seniors Class of 2020 Financial Aid Workshop Reminder

Saturday, October 19th

11:00 AM - 2:30 PM

Walton Center



School Supply Drive Sponsored by LPL Financial & Northern Trust

By Jacqueline Azize-Brewer, Ph.D.,
Coordinator, Volunteer Programs

This past August two of our supporters, **LPL Financial** and **Northern Trust**, held a school supply drive at their location to benefit The Preuss School UC San Diego. Over the summer, employees at these two organizations started collecting much-needed school supplies to donate to the school, after reaching out to the school and asking what supplies constitute our biggest need. The supplies collected were then delivered to the school. Subsequently, the supplies were organized and placed on tables, and teachers were invited to “shop” for their classrooms and their students. It was a fun experience for all here at the school. We are very appreciative to LPL Financial and Northern Western for their generosity and their efforts on behalf of The Preuss School. It is because of partners like them that we are able to continue our mission of providing a high quality education to students who come from low-income families and who are striving to be the first generation in their family to graduate from four-year college or university.



Special thanks to **Susan Bregman, James Jenson and Greg Frank** at **LPL Financial** and to **Kara Macias and Melissa Arnson** at **Northern Trust** for leading this effort at their respective institutions.

Thank you again to **LPL Financial** and **Northern Trust** whose efforts and donations helped us to have a great start to the 2019-2020 academic year!

Sincerely,

The Preuss School Faculty and Staff

NOTE: If your student is in need of school supplies, please let us and we will do our best to assist them by providing them with the materials needed to have a fruitful and rewarding learning experience.





Tri-M[®] Music
HONOR SOCIETY

Tri-M Music Honor Society

It's the only national honor society for student musicians in the country.

- Dr. Mercy Hwong

It is an exciting year for the Music Department at the Preuss School UCSD. Our application to the National Association for Music Education has been approved. The Preuss School UCSD is identified as chapter number 8499 of the Tri-M Music Honor Society. The mission of the Tri-M Music Honor Society is to recognize students academic and musical achievements and to provide leadership and service opportunities to young musicians.

To be eligible for membership, a student must be in 10th, 11th, or 12th grade, maintain a GPA of 3.5, have successfully completed one high school music course and be presently enrolled in a music course (i.e. instrumental Ensemble, Honors Orchestra, AP Music Theory, Honors Choir, Introduction to piano or introduction to piano or introduction to Guitar class).

There are 14 students who met the criteria of scholarship (GPA 3.5), teacher's recommendation rating (a minimum of 15/20), and the completion of the application form with an essay.

Congratulations to the following founding members of the Tri-M Music Honor Society:

Carla Bolteada -11th grade, Reyna Cedillo -11th grade, Isabella Fuller-12th grade, Xochitl Garcia-10th grade, Leo Gonzales-12th grade, Sue Ha-11th grade, Stephanie Luna-12th grade, Ivan Preciado-12th grade, Raymond Rodriguez-12th grade, Stephanie Rios -11th grade, Kebron Russom-10th grade, Meliya Russom-10th grade, Nghi Tang-11th grade, Willaim Wong-11th grade.



Sociedad Honoraria Hispánica

-Viviana Zamora

Sociedad Honoraria Hispánica (SHH) is a national-level Spanish honor society, established by the American Association of Teachers of Spanish and Portuguese (AATSP), which recognizes students for their outstanding scholarship in the study of Spanish language and encourages members to participate in Spanish language, literary, cultural and civic activities beyond the classroom. Members who have completed the requirements will be able to wear the red and yellow cord of SHH at graduation and receive honors and recognition for their achievements in Spanish language and service.

New members must have a 3.75 overall GPA. Students commit to continue taking Spanish classes throughout high school through the highest level possible and to earning at least 10 hours of service credit throughout the year. Selection is also based on character, leadership, seriousness of purpose, cooperation, honesty, service, and commitment to others. Congratulations to the 2019-2020 SNHS who will be inducted as new members this school year!

2019-2020 Members of the Sociedad Honoraria Hispanica

Solyana Michael	Carla Bolteada
America Marin	Kimberly Santiago
Mariana Arévalo	Geovanna Garza
Melissa Méndez	Kariely Bardeja
Leslie Pérez-Cruz	Alessandra Mata
Naomi Trujillo	René Elejorde
Uriel Reyes	Julianna Ruedas
Viviana Urquiza	Wendy Aguilera
Mariel Castro	Alexia Melendez
Valeria García	Yollianno Marcelo
Stephany Rodríguez	Victoria De La Cerda

The Preuss School UC San Diego Open House!



Saturday
October 12, 2019
9:00am – 11:30am

We are inviting anyone interested in applying to The Preuss School UCSD for the 2020 – 2021 academic year to join us at Open House!

Families will view a presentation about The Preuss School, have the opportunity to visit a teacher from various departments showcasing student work, and participate in a student-led tour.

Please, join us to learn about our school and the new application

APPLY NOW

Applications are due November 22th and can be found at preuss.ucsd.edu/admissions

**Questions? (858) 822-0408
preussadmission@ucsd.edu**



Shelby Coopwood
Access Youth Academy
Academic Coordinator

accessyouthacademy.org

Access Youth Academy was created in 2006 to transform the lives of underserved youth through academic mentorship and urban squash. In a 12-year commitment that begins in 7th grade, Access students embark on a curriculum of intellectual, physical, and social development where academic enrichment, sports training, and financial support combine to help them realize their full potential.

The dedication required of both scholarship and sportsmanship creates a culture of character and determination- one that yields powerful results. Access Youth Academy shapes champions and leaders, with skills that fuel students through high-school graduation, on to elite universities, and well beyond into their careers.

It was an exciting summer in the world of squash at Access Youth Academy. There were multiple weeks of squash and academic summer camps, we had students traveling around the country to attend pre-college programs, and others ventured on an East Coast College Trip, visiting 9 campuses. Squash is thrilled to welcome eleven new Access family members this school year. Please join us in welcoming our Preuss School newest 7th graders: Hermela Alem, Hero Le and Mahlet Mekasha! And our 8th graders: Katherine Rios, Vivian To, Maryamawet Debele, Anthony Mendias, Ariana Encarnacion, Cody Pham, Vivian Nguyen, and Vy Thai!

Upcoming Tournament: US Squash Silver Tournament, October 5 & 6 at San Diego Squash Club.

UPCOMING SCHOOL EVENTS

- 9/24-11/6:** FLL Lego League: 4:00 –5:00 p.m.
- 9/25-9/26:** 1st Mid-Semester Progress Report Cards Distributed in Advisory Class.
- 9/25:** High School ASB trip to CADA Conference at Del Mar: 6:30 a.m.—2:30 p.m.
- 9/28:** Girls in STEM Conference: 8:30 a.m.— 3:30 p.m.
- 10/1:** PTA Executive Board Meeting: 5:30-7:00 p.m.
- 10/5:** Saturday Enrichment Academy- 9:00-11:00 a.m.
- 10/12:** Admissions Open House for interested parents, students, and community members, 9:00-11:30 a.m.
- 10/16:** PSAT Testing– Wednesday, October 16, Grades 8, 9, 10, 11.
- 10/16-10/17:** Progress Report to Parents At-Risk Students.
- 10/19:** Saturday Enrichment Academy- 9:00-11:00 a.m.
- 10/19:** General Parent Meeting: 9:30-11:00 a.m.
- 10/19:** Financial Aid Workshop for Seniors and Parents, 11:00 a.m.– 2:30 p.m.
- 10/23:** CalSOAP College Fair: Scottish Rite Masonic Center, 6:00 pm to 8:00 pm.

PRIMARY LINKS TO CONTACT

ATTENDANCE AND TRANSPORTATION

(858) 822-0311– Reporting a student absence or picking up your child early

(858) 822-1738– For any information regarding transportation

(858) 496-8460– SDUSD Transportation
Emergency number to call when a bus is late or did not pick up students

Special Thanks to the Insight Newsletter Contributors:

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